Studio GO 4 PILATES
BADWEG 21, 8223PA LELYSTAD

1e Kwartaal
2e Kwartaal
3e Kwartaal
4e Kwartaal

JANUARI 2021

maandag	dinsdag	woensdag	donderdag
28	29	30	**31**
VAKANTIE	VAKANTIE	VAKANTIE	VAKANTIE
4	**5**	**6**	**7**
GESLOTEN vanwege Corona	GESLOTEN vanwege Corona	GESLOTEN vanwege Corona	GESLOTEN vanwege Corona
11	**12**	**13**	**14**
GESLOTEN vanwege Corona	GESLOTEN vanwege Corona	GESLOTEN vanwege Corona	GESLOTEN vanwege Corona
18	**19**	**20**	**21**
GESLOTEN vanwege Corona	9.00-10.00 Pilates 10.15-11.15 Yoga/B&M 19.15-20.15 Pilates 20.30-21.30 Yoga/B&M	9.00-10.00 Pilates 19.00-20.00 Pilates 20.15-21.15 Yoga/B&M	9.00-10.00 Pilates 10.15-11.15 Pila-Yoga 19.00-20.00 Pila-Yoga
25	**26**	**27**	**28**
13.00-14.00 Pilates 14.15-15.15 Pila-Yoga 19.00-20.00 Pilates 20.15-21.15 Yoga/B&M	9.00-10.00 Pilates 10.15-11.15 Yoga/B&M 19.15-20.15 Pilates 20.30-21.30 Yoga/B&M	9.00-10.00 Pilates 19.00-20.00 Pilates 20.15-21.15 Yoga/B&M	9.00-10.00 Pilates 10.15-11.15 Pila-Yoga 19.00-20.00 Pila-Yoga

FEBRUARI 2021

maandag	dinsdag	woensdag	donderdag
1	**2**	**3**	**4**
13.00-14.00 Pilates 14.15-15.15 Pila-Yoga 19.00-20.00 Pilates 20.15-21.15 Yoga/B&M	9.00-10.00 Pilates 10.15-11.15 Yoga/B&M 19.15-20.15 Pilates 20.30-21.30 Yoga/B&M	9.00-10.00 Pilates 19.00-20.00 Pilates 20.15-21.15 Yoga/B&M	9.00-10.00 Pilates 10.15-11.15 Pila-Yoga 19.00-20.00 Pila-Yoga
8	**9**	**10**	**11**
13.00-14.00 Pilates 14.15-15.15 Pila-Yoga 19.00-20.00 Pilates 20.15-21.15 Yoga/B&M	9.00-10.00 Pilates 10.15-11.15 Yoga/B&M 19.15-20.15 Pilates 20.30-21.30 Yoga/B&M	9.00-10.00 Pilates 19.00-20.00 Pilates 20.15-21.15 Yoga/B&M	9.00-10.00 Pilates 10.15-11.15 Pila-Yoga 19.00-20.00 Pila-Yoga
15	**16**	**17**	**18**
13.00-14.00 Pilates 14.15-15.15 Pila-Yoga 19.00-20.00 Pilates 20.15-21.15 Yoga/B&M	9.00-10.00 Pilates 10.15-11.15 Yoga/B&M 19.15-20.15 Pilates 20.30-21.30 Yoga/B&M	9.00-10.00 Pilates 19.00-20.00 Pilates 20.15-21.15 Yoga/B&M	9.00-10.00 Pilates 10.15-11.15 Pila-Yoga 19.00-20.00 Pila-Yoga
22	**23**	**24**	**25**
13.00-14.00 Pilates 14.15-15.15 Pila-Yoga 19.00-20.00 Pilates 20.15-21.15 Yoga/B&M	9.00-10.00 Pilates 10.15-11.15 Yoga/B&M 19.15-20.15 Pilates 20.30-21.30 Yoga/B&M	9.00-10.00 Pilates 19.00-20.00 Pilates 20.15-21.15 Yoga/B&M	9.00-10.00 Pilates 10.15-11.15 Pila-Yoga 19.00-20.00 Pila-Yoga

MAART 2021

maandag	dinsdag	woensdag	donderdag
1	**2**	**3**	**4**
13.00-14.00 Pilates 14.15-15.15 Pila-Yoga 19.00-20.00 Pilates 20.15-21.15 Yoga/B&M	9.00-10.00 Pilates 10.15-11.15 Yoga/B&M 19.15-20.15 Pilates 20.30-21.30 Yoga/B&M	9.00-10.00 Pilates 19.00-20.00 Pilates 20.15-21.15 Yoga/B&M	9.00-10.00 Pilates 10.15-11.15 Pila-Yoga 19.00-20.00 Pila-Yoga
8	**9**	**10**	**11**
13.00-14.00 Pilates 14.15-15.15 Pila-Yoga 19.00-20.00 Pilates 20.15-21.15 Yoga/B&M	9.00-10.00 Pilates 10.15-11.15 Yoga/B&M 19.15-20.15 Pilates 20.30-21.30 Yoga/B&M	9.00-10.00 Pilates 19.00-20.00 Pilates 20.15-21.15 Yoga/B&M	9.00-10.00 Pilates 10.15-11.15 Pila-Yoga 19.00-20.00 Pila-Yoga
15	**16**	**17**	**18**
13.00-14.00 Pilates 14.15-15.15 Pila-Yoga 19.00-20.00 Pilates 20.15-21.15 Yoga/B&M	9.00-10.00 Pilates 10.15-11.15 Yoga/B&M 19.15-20.15 Pilates 20.30-21.30 Yoga/B&M	9.00-10.00 Pilates 19.00-20.00 Pilates 20.15-21.15 Yoga/B&M	9.00-10.00 Pilates 10.15-11.15 Pila-Yoga 19.00-20.00 Pila-Yoga
22	**23**	**24**	**25**
13.00-14.00 Pilates 14.15-15.15 Pila-Yoga 19.00-20.00 Pilates 20.15-21.15 Yoga/B&M	9.00-10.00 Pilates 10.15-11.15 Yoga/B&M 19.15-20.15 Pilates 20.30-21.30 Yoga/B&M	9.00-10.00 Pilates 19.00-20.00 Pilates 20.15-21.15 Yoga/B&M	9.00-10.00 Pilates 10.15-11.15 Pila-Yoga 19.00-20.00 Pila-Yoga
29	**30**	**31**	**1**

APRIL 2021

maandag	dinsdag	woensdag	donderdag
29	**30**	**31**	**1**
13.00-14.00 Pilates 14.15-15.15 Pila-Yoga 19.00-20.00 Pilates 20.15-21.15 Yoga/B&M	9.00-10.00 Pilates 10.15-11.15 Yoga/B&M 19.15-20.15 Pilates 20.30-21.30 Yoga/B&M	9.00-10.00 Pilates 19.00-20.00 Pilates 20.15-21.15 Yoga/B&M	9.00-10.00 Pilates 10.15-11.15 Pila-Yoga 19.00-20.00 Pila-Yoga
5 Tweede paasdag	**6**	**7**	**8**
VAKANTIE	VAKANTIE	VAKANTIE	VAKANTIE
12	**13**	**14**	**15**
13.00-14.00 Pilates 14.15-15.15 Pila-Yoga 19.00-20.00 Pilates 20.15-21.15 Yoga/B&M	9.00-10.00 Pilates 10.15-11.15 Yoga/B&M 19.15-20.15 Pilates 20.30-21.30 Yoga/B&M	9.00-10.00 Pilates 19.00-20.00 Pilates 20.15-21.15 Yoga/B&M	9.00-10.00 Pilates 10.15-11.15 Pila-Yoga 19.00-20.00 Pila-Yoga
19	**20**	**21**	**22**
13.00-14.00 Pilates 14.15-15.15 Pila-Yoga 19.00-20.00 Pilates 20.15-21.15 Yoga/B&M	9.00-10.00 Pilates 10.15-11.15 Yoga/B&M 19.15-20.15 Pilates 20.30-21.30 Yoga/B&M	9.00-10.00 Pilates 19.00-20.00 Pilates 20.15-21.15 Yoga/B&M	9.00-10.00 Pilates 10.15-11.15 Pila-Yoga 19.00-20.00 Pila-Yoga
26	**27**	**28**	**29**
13.00-14.00 Pilates 14.15-15.15 Pila-Yoga 19.00-20.00 Pilates 20.15-21.15 Yoga/B&M	9.00-10.00 Pilates 10.15-11.15 Yoga/B&M 19.15-20.15 Pilates 20.30-21.30 Yoga/B&M	9.00-10.00 Pilates 19.00-20.00 Pilates 20.15-21.15 Yoga/B&M	9.00-10.00 Pilates 10.15-11.15 Pila-Yoga 19.00-20.00 Pila-Yoga

MEI 2021

maandag	dinsdag	woensdag	donderdag
3	**4**	**5 Bevrijdingsdag**	**6**
13.00-14.00 Pilates 14.15-15.15 Pila-Yoga 19.00-20.00 Pilates 20.15-21.15 Yoga/B&M	9.00-10.00 Pilates 10.15-11.15 Yoga/B&M 19.15-20.15 Pilates 20.30-21.30 Yoga/B&M	9.00-10.00 Pilates 19.00-20.00 Pilates 20.15-21.15 Yoga/B&M	9.00-10.00 Pilates 10.15-11.15 Pila-Yoga 19.00-20.00 Pila-Yoga
10	**11**	**12**	**13 Hemelvaartsdag**
13.00-14.00 Pilates 14.15-15.15 Pila-Yoga 19.00-20.00 Pilates 20.15-21.15 Yoga/B&M	9.00-10.00 Pilates 10.15-11.15 Yoga/B&M 19.15-20.15 Pilates 20.30-21.30 Yoga/B&M	9.00-10.00 Pilates 19.00-20.00 Pilates 20.15-21.15 Yoga/B&M	VAKANTIE
17	**18**	**19**	**20**
VAKANTIE	VAKANTIE	VAKANTIE	VAKANTIE
24 Tweede Pinksterdag	**25**	**26**	**27**
VAKANTIE	9.00-10.00 Pilates 10.15-11.15 Yoga/B&M 19.15-20.15 Pilates 20.30-21.30 Yoga/B&M	9.00-10.00 Pilates 19.00-20.00 Pilates 20.15-21.15 Yoga/B&M	9.00-10.00 Pilates 10.15-11.15 Pila-Yoga 19.00-20.00 Pila-Yoga

JUNI 2021

maandag	dinsdag	woensdag	donderdag
31	**1**	**2**	**3**
13.00-14.00 Pilates 14.15-15.15 Pila-Yoga 19.00-20.00 Pilates 20.15-21.15 Yoga/B&M	9.00-10.00 Pilates 10.15-11.15 Yoga/B&M 19.15-20.15 Pilates 20.30-21.30 Yoga/B&M	9.00-10.00 Pilates 19.00-20.00 Pilates 20.15-21.15 Yoga/B&M	9.00-10.00 Pilates 10.15-11.15 Pila-Yoga 19.00-20.00 Pila-Yoga
7	**8**	**9**	**10**
13.00-14.00 Pilates 14.15-15.15 Pila-Yoga 19.00-20.00 Pilates 20.15-21.15 Yoga/B&M	9.00-10.00 Pilates 10.15-11.15 Yoga/B&M 19.15-20.15 Pilates 20.30-21.30 Yoga/B&M	9.00-10.00 Pilates 19.00-20.00 Pilates 20.15-21.15 Yoga/B&M	9.00-10.00 Pilates 10.15-11.15 Pila-Yoga 19.00-20.00 Pila-Yoga
14	**15**	**16**	**17**
13.00-14.00 Pilates 14.15-15.15 Pila-Yoga 19.00-20.00 Pilates 20.15-21.15 Yoga/B&M	9.00-10.00 Pilates 10.15-11.15 Yoga/B&M 19.15-20.15 Pilates 20.30-21.30 Yoga/B&M	9.00-10.00 Pilates 19.00-20.00 Pilates 20.15-21.15 Yoga/B&M	9.00-10.00 Pilates 10.15-11.15 Pila-Yoga 19.00-20.00 Pila-Yoga
21	**22**	**23**	**24**
13.00-14.00 Pilates 14.15-15.15 Pila-Yoga 19.00-20.00 Pilates 20.15-21.15 Yoga/B&M	9.00-10.00 Pilates 10.15-11.15 Yoga/B&M 19.15-20.15 Pilates 20.30-21.30 Yoga/B&M	9.00-10.00 Pilates 19.00-20.00 Pilates 20.15-21.15 Yoga/B&M	9.00-10.00 Pilates 10.15-11.15 Pila-Yoga 19.00-20.00 Pila-Yoga
28	**29**	**30**	**1**
VAKANTIE	VAKANTIE	VAKANTIE	VAKANTIE

Studio GO 4 PILATES
BADWEG 21, 8223PA LELYSTAD

1e Kwartaal
2e Kwartaal
3e Kwartaal
4e Kwartaal

JULI 2021

maandag	dinsdag	woensdag	donderdag
5	6	7	8
13.00-14.00 Pilates 14.15-15.15 Pila-Yoga 19.00-20.00 Pilates 20.15-21.15 Yoga/B&M	9.00-10.00 Pilates 10.15-11.15 Yoga/B&M 19.15-20.15 Pilates 20.30-21.30 Yoga/B&M	9.00-10.00 Pilates 19.00-20.00 Pilates 20.15-21.15 Yoga/B&M	9.00-10.00 Pilates 10.15-11.15 Pila-Yoga 19.00-20.00 Pila-Yoga
12	13	14	15
13.00-14.00 Pilates 14.15-15.15 Pila-Yoga 19.00-20.00 Pilates 20.15-21.15 Yoga/B&M	9.00-10.00 Pilates 10.15-11.15 Yoga/B&M 19.15-20.15 Pilates 20.30-21.30 Yoga/B&M	9.00-10.00 Pilates 19.00-20.00 Pilates 20.15-21.15 Yoga/B&M	9.00-10.00 Pilates 10.15-11.15 Pila-Yoga 19.00-20.00 Pila-Yoga
19	20	21	22
13.00-14.00 Pilates 14.15-15.15 Pila-Yoga 19.00-20.00 Pilates 20.15-21.15 Yoga/B&M	9.00-10.00 Pilates 10.15-11.15 Yoga/B&M 19.15-20.15 Pilates 20.30-21.30 Yoga/B&M	9.00-10.00 Pilates 19.00-20.00 Pilates 20.15-21.15 Yoga/B&M	9.00-10.00 Pilates 10.15-11.15 Pila-Yoga 19.00-20.00 Pila-Yoga
26	27	28	29
13.00-14.00 Pilates 14.15-15.15 Pila-Yoga 19.00-20.00 Pilates 20.15-21.15 Yoga/B&M	9.00-10.00 Pilates 10.15-11.15 Yoga/B&M 19.15-20.15 Pilates 20.30-21.30 Yoga/B&M	9.00-10.00 Pilates 19.00-20.00 Pilates 20.15-21.15 Yoga/B&M	9.00-10.00 Pilates 10.15-11.15 Pila-Yoga 19.00-20.00 Pila-Yoga

AUGUSTUS 2021

maandag	dinsdag	woensdag	donderdag
2	3	4	5
13.00-14.00 Pilates 14.15-15.15 Pila-Yoga 19.00-20.00 Pilates 20.15-21.15 Yoga/B&M	9.00-10.00 Pilates 10.15-11.15 Yoga/B&M 19.15-20.15 Pilates 20.30-21.30 Yoga/B&M	9.00-10.00 Pilates 19.00-20.00 Pilates 20.15-21.15 Yoga/B&M	9.00-10.00 Pilates 10.15-11.15 Pila-Yoga 19.00-20.00 Pila-Yoga
9	10	11	12
13.00-14.00 Pilates 14.15-15.15 Pila-Yoga 19.00-20.00 Pilates 20.15-21.15 Yoga/B&M	9.00-10.00 Pilates 10.15-11.15 Yoga/B&M 19.15-20.15 Pilates 20.30-21.30 Yoga/B&M	9.00-10.00 Pilates 19.00-20.00 Pilates 20.15-21.15 Yoga/B&M	9.00-10.00 Pilates 10.15-11.15 Pila-Yoga 19.00-20.00 Pila-Yoga
16	17	18	19
13.00-14.00 Pilates 14.15-15.15 Pila-Yoga 19.00-20.00 Pilates 20.15-21.15 Yoga/B&M	9.00-10.00 Pilates 10.15-11.15 Yoga/B&M 19.15-20.15 Pilates 20.30-21.30 Yoga/B&M	9.00-10.00 Pilates 19.00-20.00 Pilates 20.15-21.15 Yoga/B&M	9.00-10.00 Pilates 10.15-11.15 Pila-Yoga 19.00-20.00 Pila-Yoga
23	24	25	26
VAKANTIE	VAKANTIE	VAKANTIE	VAKANTIE
30	31	1	2
VAKANTIE	VAKANTIE	VAKANTIE	VAKANTIE

SEPTEMBER 2021

maandag	dinsdag	woensdag	donderdag
6	7	8	9
13.00-14.00 Pilates 14.15-15.15 Pila-Yoga 19.00-20.00 Pilates 20.15-21.15 Yoga/B&M	9.00-10.00 Pilates 10.15-11.15 Yoga/B&M 19.15-20.15 Pilates 20.30-21.30 Yoga/B&M	9.00-10.00 Pilates 19.00-20.00 Pilates 20.15-21.15 Yoga/B&M	9.00-10.00 Pilates 10.15-11.15 Pila-Yoga 19.00-20.00 Pila-Yoga
13	14	15	16
13.00-14.00 Pilates 14.15-15.15 Pila-Yoga 19.00-20.00 Pilates 20.15-21.15 Yoga/B&M	9.00-10.00 Pilates 10.15-11.15 Yoga/B&M 19.15-20.15 Pilates 20.30-21.30 Yoga/B&M	9.00-10.00 Pilates 19.00-20.00 Pilates 20.15-21.15 Yoga/B&M	9.00-10.00 Pilates 10.15-11.15 Pila-Yoga 19.00-20.00 Pila-Yoga
20	21	22	23
13.00-14.00 Pilates 14.15-15.15 Pila-Yoga 19.00-20.00 Pilates 20.15-21.15 Yoga/B&M	9.00-10.00 Pilates 10.15-11.15 Yoga/B&M 19.15-20.15 Pilates 20.30-21.30 Yoga/B&M	9.00-10.00 Pilates 19.00-20.00 Pilates 20.15-21.15 Yoga/B&M	9.00-10.00 Pilates 10.15-11.15 Pila-Yoga 19.00-20.00 Pila-Yoga
27	28	29	30
13.00-14.00 Pilates 14.15-15.15 Pila-Yoga 19.00-20.00 Pilates 20.15-21.15 Yoga/B&M	9.00-10.00 Pilates 10.15-11.15 Yoga/B&M 19.15-20.15 Pilates 20.30-21.30 Yoga/B&M	9.00-10.00 Pilates 19.00-20.00 Pilates 20.15-21.15 Yoga/B&M	9.00-10.00 Pilates 10.15-11.15 Pila-Yoga 19.00-20.00 Pila-Yoga

OKTOBER 2021

maandag	dinsdag	woensdag	donderdag
4	5	6	7
13.00-14.00 Pilates 14.15-15.15 Pila-Yoga 19.00-20.00 Pilates 20.15-21.15 Yoga/B&M	9.00-10.00 Pilates 10.15-11.15 Yoga/B&M 19.15-20.15 Pilates 20.30-21.30 Yoga/B&M	9.00-10.00 Pilates 19.00-20.00 Pilates 20.15-21.15 Yoga/B&M	9.00-10.00 Pilates 10.15-11.15 Pila-Yoga 19.00-20.00 Pila-Yoga
11	12	13	14
13.00-14.00 Pilates 14.15-15.15 Pila-Yoga 19.00-20.00 Pilates 20.15-21.15 Yoga/B&M	9.00-10.00 Pilates 10.15-11.15 Yoga/B&M 19.15-20.15 Pilates 20.30-21.30 Yoga/B&M	9.00-10.00 Pilates 19.00-20.00 Pilates 20.15-21.15 Yoga/B&M	9.00-10.00 Pilates 10.15-11.15 Pila-Yoga 19.00-20.00 Pila-Yoga
18	19	20	21
13.00-14.00 Pilates 14.15-15.15 Pila-Yoga 19.00-20.00 Pilates 20.15-21.15 Yoga/B&M	9.00-10.00 Pilates 10.15-11.15 Yoga/B&M 19.15-20.15 Pilates 20.30-21.30 Yoga/B&M	9.00-10.00 Pilates 19.00-20.00 Pilates 20.15-21.15 Yoga/B&M	9.00-10.00 Pilates 10.15-11.15 Pila-Yoga 19.00-20.00 Pila-Yoga
25	26	27	28
13.00-14.00 Pilates 14.15-15.15 Pila-Yoga 19.00-20.00 Pilates 20.15-21.15 Yoga/B&M	9.00-10.00 Pilates 10.15-11.15 Yoga/B&M 19.15-20.15 Pilates 20.30-21.30 Yoga/B&M	9.00-10.00 Pilates 19.00-20.00 Pilates 20.15-21.15 Yoga/B&M	9.00-10.00 Pilates 10.15-11.15 Pila-Yoga 19.00-20.00 Pila-Yoga

NOVEMBER 2021

maandag	dinsdag	woensdag	donderdag
1	2	3	4
13.00-14.00 Pilates 14.15-15.15 Pila-Yoga 19.00-20.00 Pilates 20.15-21.15 Yoga/B&M	9.00-10.00 Pilates 10.15-11.15 Yoga/B&M 19.15-20.15 Pilates 20.30-21.30 Yoga/B&M	9.00-10.00 Pilates 19.00-20.00 Pilates 20.15-21.15 Yoga/B&M	9.00-10.00 Pilates 10.15-11.15 Pila-Yoga 19.00-20.00 Pila-Yoga
8	9	10	11
VAKANTIE	VAKANTIE	VAKANTIE	VAKANTIE
15	16	17	18
13.00-14.00 Pilates 14.15-15.15 Pila-Yoga 19.00-20.00 Pilates 20.15-21.15 Yoga/B&M	9.00-10.00 Pilates 10.15-11.15 Yoga/B&M 19.15-20.15 Pilates 20.30-21.30 Yoga/B&M	9.00-10.00 Pilates 19.00-20.00 Pilates 20.15-21.15 Yoga/B&M	9.00-10.00 Pilates 10.15-11.15 Pila-Yoga 19.00-20.00 Pila-Yoga
22	23	24	25
13.00-14.00 Pilates 14.15-15.15 Pila-Yoga 19.00-20.00 Pilates 20.15-21.15 Yoga/B&M	9.00-10.00 Pilates 10.15-11.15 Yoga/B&M 19.15-20.15 Pilates 20.30-21.30 Yoga/B&M	9.00-10.00 Pilates 19.00-20.00 Pilates 20.15-21.15 Yoga/B&M	9.00-10.00 Pilates 10.15-11.15 Pila-Yoga 19.00-20.00 Pila-Yoga
29	30	1	2
13.00-14.00 Pilates 14.15-15.15 Pila-Yoga 19.00-20.00 Pilates 20.15-21.15 Yoga/B&M	9.00-10.00 Pilates 10.15-11.15 Yoga/B&M 19.15-20.15 Pilates 20.30-21.30 Yoga/B&M	9.00-10.00 Pilates 19.00-20.00 Pilates 20.15-21.15 Yoga/B&M	9.00-10.00 Pilates 10.15-11.15 Pila-Yoga 19.00-20.00 Pila-Yoga

DECEMBER 2021

maandag	dinsdag	woensdag	donderdag
6	7	8	9
13.00-14.00 Pilates 14.15-15.15 Pila-Yoga 19.00-20.00 Pilates 20.15-21.15 Yoga/B&M	9.00-10.00 Pilates 10.15-11.15 Yoga/B&M 19.15-20.15 Pilates 20.30-21.30 Yoga/B&M	9.00-10.00 Pilates 19.00-20.00 Pilates 20.15-21.15 Yoga/B&M	9.00-10.00 Pilates 10.15-11.15 Pila-Yoga 19.00-20.00 Pila-Yoga
13	14	15	16
13.00-14.00 Pilates 14.15-15.15 Pila-Yoga 19.00-20.00 Pilates 20.15-21.15 Yoga/B&M	9.00-10.00 Pilates 10.15-11.15 Yoga/B&M 19.15-20.15 Pilates 20.30-21.30 Yoga/B&M	9.00-10.00 Pilates 19.00-20.00 Pilates 20.15-21.15 Yoga/B&M	9.00-10.00 Pilates 10.15-11.15 Pila-Yoga 19.00-20.00 Pila-Yoga
20	21	22	23
VAKANTIE	VAKANTIE	VAKANTIE	VAKANTIE
27	28	29	30
VAKANTIE	VAKANTIE	VAKANTIE	VAKANTIE